APOLLO V

RECREATIONAL FLUID ROWER

Robust, reliable and ready to row

This fitness machine is one of our best sellers, sought after for its beautiful construction from American Ash, finished in a light oak stain.

A steadfast rowing platform, the Apollo V can withstand high intensity use with the added integrity of a steel mainframe and patented twin tank technology for the ultimate resistance range.

Complementing any stylish home gym, this rowing machine is designed for complete sensory satisfaction, bringing the passions of rowing a boat on-water, indoors. You will be amazed at its likeness to a lifelike rowing experience from its instant catch and consistent resistance throughout the entire stroke made possible by the Fluid Force technology FDF is so well known for.

A sensory workout at its finest, water resistance technology provides constant resistance throughout the entire stroke, leaving users feeling as though they are rowing on water.

A refined indoor rowing experience

The Apollo V is complete with Bluetooth auto-adjust technology that instinctively correlates selected tank resistance with console data. Also compatible with FDF's fitness app, FluidRower, for progress tracking and club challenges.

This stylish rower not only delivers visual appeal, it is packed full of features including contoured seat, ergonomic handle and 5 levels of Fluid Force for continuous training progression.

Available with upgrade options including an industry-first Heart Rate Handle, this rowing machine can also accommodate exercise for the physically challenged, with options for heightened seat and additional lumbar support.

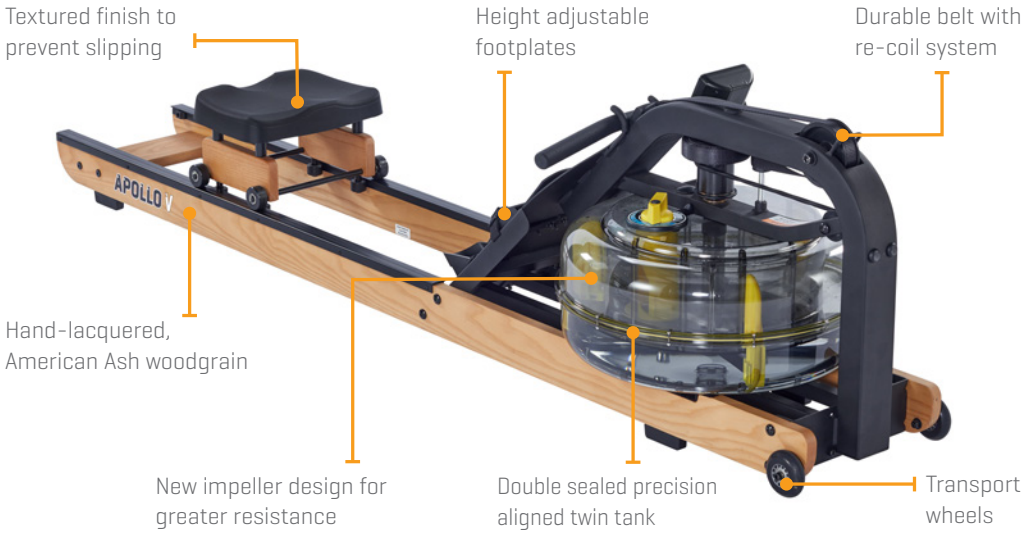


5x FLUID FORCE

BROWSE THE RANGE FIRSTDEGREEFITNESS.COM

PRODUCT HIGHLIGHTS APOLLO V

- Commercial-grade build with 5-year warranty
- 5 x Fluid Force with Bluetooth auto-adjust monitor (BAM)
- Complete with ergonomic handle or upgrade to Heart Rate Handlefor wireless BPM readings
- Compatible with Elevate Kit for heightened on-off rower access
- Compatible with Seat Back Kit for correct posture and optimal back support
- Optional smartphone attachment for safe phone mounting
- Compact footprint and vertical storage option – 2130 x 520mm (84.06 x 20.47"), or upright 520 x 560mm (20.47 x 22.05")
- Max user weight – 150kg (330lbs)



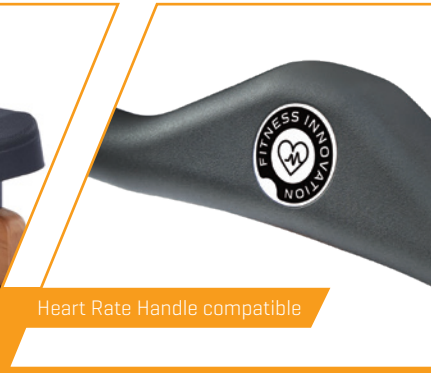
WATER ROWING AT ITS FINEST.


5 x Fluid Force V tank



Bluetooth console with App connectivity


Contoured seat, smooth action



Heart Rate Handle compatible

ABOUT FIRST DEGREE FITNESS

Fitness products made by FDF are inspired by real life. From rowing a boat on water to running or cycling your favourite track, our designs are engineered to simulate exercise you're passionate about.

FDF Fluid Force, a unique water resistance technology, underpins our diverse range of full body fitness solutions. With Fluid Force you can row harder, train smarter and build strength faster.

Distributed in every continent across the globe, our FluidRower, FluidPowerZone and ergometer ranges are loved by athletes, sports trainers, medical professionals and health conscious individuals. We're passionate about our brand and we stand behind the craftsmanship of every fitness machine we make.

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